



Resources Compliments of Family Restoration and Healing Center, Inc.

Our Mission: Family Restoration and Healing Center, Inc. (FRHC) is a tax-exempt community health organization. We restore families – mind, body and spirit through emotional, nutritional, and spiritual counseling and community health outreach. Please visit us at www.360wholeness.org or email info@360wholeness.org.

Hyperlinks Disclaimer: This document may contain resource links to Websites operated by parties other than FRHC. Such links are provided as a source link or for your convenience only. FRHC does not control or endorse such Websites, is not responsible for their content, and has no association with their operators.

Substance Abuse For Families

Source: <http://www.centerforce.org/families/substance.cfm>

Help Dealing with a Family Member with Substance Abuse Issues:

1. Al-Anon

The Al-Anon Family Groups are a fellowship of relatives and friends of alcoholics who share their experience, strength, and hope, in order to solve their common problems. They believe alcoholism is a family illness, and that "changed attitudes" can aid recovery. Al-Anon has but one purpose: to help families of alcoholics.

To get program or meeting information, call 888-4AL-ANON, Monday through Friday, 8 am to 6 pm, eastern-time.

For a directory of their locations and meeting areas, [click here!](#)

2. Alateen

A fellowship of young Al-Anon members, usually teenagers, whose lives have been affected by someone else's drinking.

To get program or meeting information, call 888-4AL-ANON, Monday through Friday, 8 am to 6 pm, eastern-time.

For a directory of their locations and meeting areas, [click here!](#)

3. National PTA Common Sense

Provides strategies for raising alcohol and drug-free children. For links to get support on dealing with alcohol issues, check out their [Help & Hotlines page](#).

4. NCJRS Parenting Resources on Substance Abuse

Provides links and facts on the topic of substance abuse for family members or children and drugs.

5. Partnership for a Drug Free America

Tools, resources, and information for teens, and parents or caregivers.

6. Prevention Online

From the U.S. Department of Health and Human Services and SAMHSA. Links for how to prevent substance abuse or get information/ help for substance abuse for families and youth.

7. Substance Abuse for Families Links from About.com

Provides various links to help or give information to families of substance abusers. This site includes facts for families, help for children, information for/ on teen drinkers, drug treatment programs, counseling, etc.

If You Want to Get Help for Your Substance Abuse Problem:

Check out our [Ex-Offender Substance Abuse page](#).