



**Invites you to a New
Ongoing Series!**

**Family Restoration
and Healing Center**
Helping Lives Achieve 360° Wholeness



A Community Conversation: “Managing Stress in a World Full of Crises”

Part of our “Strengthening Families & Building Stronger Communities” Series

EXPERT PANEL / NETWORKING / EMPOWERMENT

SATURDAY

November 4th/2017
9:00-11:30 a.m.

LOCATION:

Solid Rock Church
5401 Good Luck Road
Riverdale, MD

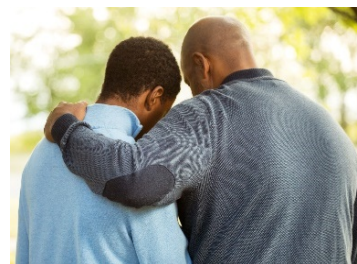
\$5.00 Donation

or a Canned Food Item for

FOOD DRIVE for local families in crisis

Let’s talk about -

- *Handling anxiety*
- *Recognizing mental illness*
- *Staying safe*
- *and More!*



REGISTER ONLINE: www.360wholeness.org