



# Family Restoration and Healing Center, Inc.

*Helping Lives Achieve 360° Wholeness*

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## NEWS RELEASE

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Summer fun continues with the 5k Walk/Run for 360 Wholeness on Saturday, September 16, 2017. The event takes place from 8:00 to 11:00 a.m. at Prince George's County Sports and Learning Complex, 8001 Sheriff Rd., Hyattsville, Md. Registration is available online at <http://bit.ly/2tNgb8e> for \$20 per person ages 13 and older, \$5 for those ages 12 and under, and \$180 for teams of ten. Everyone gets a tee shirt and prizes will be awarded for the individuals and teams that achieve specified milestones. Sponsorships are also available.

Teams of ten are invited to compete to win prizes for creative team branding, according to Karen Thompson, executive director of Family Restoration and Healing Center, the organization conducting the event. "I expect to see people on the track wearing crazy sun shades, paraphernalia of sports teams and Greek organizations, colorful hats, sparkly dance costumes, and everything else," she said. Participants just have to be dressed decently.

"Participating in the Walk/Run is another opportunity for our elected officials, local churches, military service men and women, firemen, police officers and other community leaders to show that they care about the myriad challenges local residents face in everyday life," Thompson said.

Based in Prince George's County, Family Restoration and Healing Center is a 501(c)3 organization helping people in the DC metropolitan area with mental health, parenting, family caregiving, workforce development, abstinence, individual & family challenges, and temperament management. These and but a few of the comprehensive services which comprise the FRHC programs called "360° Wholeness." Get more information about and register for the Walk/Run at <http://bit.ly/2tNgb8e>.