



Resources Compliments of Family Restoration and Healing Center, Inc.

Our Mission: Family Restoration and Healing Center, Inc. (FRHC) is a tax-exempt community health organization. We restore families – mind, body and spirit through emotional, nutritional, and spiritual counseling and community health outreach. Please visit us at www.360wholeness.org or email info@360wholeness.org.

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Tips For Kids' Visit To Incarcerated Person

Source: <http://www.centerforce.org/families/tips.cfm>

Do's and Don'ts:

Preparing a Child to Visit a Parent

- DO...** specify to the child the precise date and time that they will be visiting their parent.
- DON'T...** tell a young child about a visit too far in advance, it will make the wait seem unbearable.
- DO...** give the child specific details about what he/she will see inside the institution.
- DON'T...** force the child to visit if he/she is not ready.
- DO...** Prepare the child for what the check-in procedures will include.
- DON'T...** disregard and fears or anxieties that the child might have.
- DO...** help the child plan what they want to discuss with their parent.
- DON'T...** leave them feeling that they did not say what they wanted to.
- DON'T...** dictate the tone or the content of the conversation.
- DO...** let the child know when the visit is rounding a close so that they are able to properly wrap up.

Visiting incarcerated persons greatly increases the likelihood of re-unification.
