



Resources Compliments of Family Restoration and Healing Center, Inc.

Our Mission: Family Restoration and Healing Center, Inc. (FRHC) is a tax-exempt community health organization. We restore families – mind, body and spirit through emotional, nutritional, and spiritual counseling and community health outreach. Please visit us at www.360wholeness.org or email info@360wholeness.org .

Hyperlinks Disclaimer: This document may contain resource links to Websites operated by parties other than FRHC. Such links are provided as a source link or for your convenience only. FRHC does not control or endorse such Websites, is not responsible for their content, and has no association with their operators.

PARENTING

Source: <http://www.centerforce.org/families/parenting.cfm>

General Parenting Links:

1. **[Parent Help Center](#)**

Dedicated to helping families and parents with troubled teens. They are available to help you 24 hours a day, 7 days a week. Call 1-800-688-8706.

2. **[Parenthood.com](#)**

This site provides numerous links on parenting and family issues.

3. **[Parenting from About.com](#)**

For links to parenting sites and information. For links to children with special needs, [click here!](#)

4. **[Parenting Adolescents](#)**

Where parents can get free, extended responses to questions about parenting teens and preteens. Teens and preteens can also get information to help them understand parents!

5. **[Parenting At-Risk Kids](#)**

Ideas on after school activities, before school, chores, grades, rules, safety, etc.

6. **[Parenting.com](#)**

Parenting.com is the online home of Parenting magazine. They offer useful tools, in-depth information, reality-tested advice, and quick tips for parents.

7. **Parenting.org**

This site is brought to you by the Girls and Boys Town National Resource and Training Center. This organization specializes in training, consulting, and researching parenting practices that will help you and others like you deal with the day-to-day care taking, guidance, and development of your child.

8. **Parenting Resources for the 21st Century**

This site links parents and other adults responsible for the care of a child with information on issues covering the full spectrum of parenting. This site, federally sponsored through the Coordinating Council on Juvenile Justice and Delinquency Prevention, strives to help families meet the formidable challenges of raising a child today by addressing topics that include school violence, child development, home schooling, organized sports, child abuse, and the juvenile justice system.

9. **Positive Parenting**

This site is dedicated to providing resources and information to help make parenting more rewarding, effective and fun!

10. **Teen Help Adolescent Resources**

Provides a national toll free hotline to assist parents, child care professionals, and others in locating appropriate resources for the treatment of adolescents struggling with making the best choices in their lives.

11. **The National Parenting Center**

Dedicated to providing parents with comprehensive and responsible guidance from the world's most renowned child-rearing authorities.

12. **Websites for Parents**

From the American Library Association, includes an introduction, what parents should know, safety tips for Internet use, a help section for parents, Q & A for kids, and 50+ great web sites listed.

Parenting Support Groups:

1. **Google Directory Parents Support Groups**

Support group links from Google.

2. **Link-up Parents**

A general parenting site, with support group links for parents with troubled kids, mental disorders, bully problems, family relationship issues, etc.

3. **Open Directory Parents Support Groups**

Links to parenting support groups: health, single parenting, special needs children, premature babies, and more.

4. **Single Parent Central**

An online resource for single parent families.

Domestic Violence:

1. **National Coalition Against Domestic Violence**

This site is dedicated to the empowerment of battered women and their children and therefore is committed to the elimination of personal and societal violence in the lives of battered women and their children. For a direct link to their "getting help" section, [click here!](#)

2. **National Domestic Violence Hotline**

For general information on domestic violence and links to help. If you need help right now, call 1-800-799-7233.

Other Parenting Links:

1. **Facts for Families**

The American Academy of Child and Adolescent Psychiatry developed Facts for Families to provide concise and up-to-date information on issues that affect children, teenagers, and their families.

2. **How to Explain Jails and Prisons - A Caregiver's Guide**

From the Oregon Department of Corrections - The information provided is very general and applies to all kids. Helps the caregiver answer and discuss some basic issues like: "Why did my mom or dad go to jail?," "What will happen to me?," "Will I go to jail or prison too?," etc. The website has this booklet is available in MS WORD or PDF format. To see the booklet in PDF file, [click here!](#)